

- 2023 - AUGUST

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

Diocese of Lafayette FNS

Lunch Menu Meatless Friday

Welcome Back!

High School Lunch
includes the addition of
Fresh Assorted Fruit, daily.

For more information,
please visit our website:
www.fns-dol.org

7

Nacho Supreme
Salsa Cup
Bush's Taco Fiesta
Black Beans
Chopped Lettuce &
Tomato Cup
Boxed Raisins

8

Red Beans & Sausage
Steamed Rice
Steamed Broccoli
w/Cheese
Buttered Sweet Peas
Cornbread
Chilled Fruit Cup

9

Pig N Blanket
French Fries
Buttered Peas & Carrots
Chilled Sliced Peaches

10

Pork & Sausage
Jambalaya
Buttered Parsleyed
Carrots
Seasoned Green Beans
Wheat Roll
Frozen Strawberry Cup

11

Fish Sticks
Macaroni & Cheese
Fresh Baby Carrots w/
Ranch
Tossed Salad
Fresh Banana

14

Bowl of Chili
Vegetable Medley
Garden Salad
Cornbread
Chilled Applesauce Cup

15

Country Fried Steak
w/Gravy
Mashed Red Potatoes
Whole Kernel Corn
Wheat Roll
Fresh Orange

16

BBQ Pork Patty
Rice Dressing
Popeye Salad
Candied Yams
Wheat Roll
Chilled Diced Pears

17

Chicken Alfredo
Fresh Baby Carrots
w/Ranch
Green Bean Casserole
Wheat Roll
Chilled Fruit Cup

18

Bean & Cheese Burrito
Salsa Cup
Bush's Texas Ranchero
Beans
Chopped Lettuce &
Tomato Cup
Chilled Sliced Peaches
Chocolate Pudding
topped w/chocolate chips

21

Walking Tacos
Salsa Cup
Whole Kernel Corn
Chopped Lettuce &
Tomato Cup
Frozen Fruit Treat

22

Salisbury Steak, Rice &
Gravy
Spring Salad
Sweet Potato Crunch
Wheat Roll
Fresh Apple

23

Corn Dog
Potato Rounds
Steamed Broccoli
w/Cheese
Buttered Sweet Peas
Sautéed Apples

24

Chicken & Sausage
Pastalaya
Buttered Peas & Carrots
Navy Beans
Wheat Roll
Chilled Diced Pears

25

Cheese Crunchers
Marinara Cup
Garden Salad
Fresh Banana
Chewy Chocolate
Brownie

28

Baked Rotini
Buttered Parsleyed
Carrots
Popeye Salad
Garlic French Bread
Pizza
Chilled Fruit Cup

29

Breaded Chicken Strips
& Dutch Waffles
w/Maple Syrup
Steamed Broccoli
w/Cheese
Whole Kernel Corn
Frozen Strawberry Cup

30

Creole Sausage
Steamed Rice
Candied Yams
Lima Beans
Wheat Roll
Chilled Applesauce Cup

31

BBQ Baked Chicken
Loaded Mashed Potatoes
Bush's Baked Beans
Wheat Roll
Chilled Sliced Peaches